



Meet the Grower

Urban Ladle Carmel, IN

Lisa Sprunger of Urban Ladle believes that every day is a good soup day, with a passion that is unrivaled in the artisan soup world. Enthusiastic about cooking for years and forever focused on a healthy lifestyle for her family, she strives to bring old-fashioned Midwestern goodness into every soup she creates. Urban Ladle uses only the freshest ingredients, locally sourced whenever possible.

Urban Ladle currently offers seven delicious gluten-free soups and Lisa is always in her kitchen concocting new offerings to meet the requests of her ever-expanding fan base. Everyone has a favorite soup that their mother or grandmother made, and Lisa makes it her mission to replicate those memories, while adding her own modern flair.

Need chili for a tailgate? Need tomato basil soup to go with that gooey grilled cheese on a cold winter night? Check out Urban Ladle. You'll be glad that you did.

Urban Ladle now offers food-service packaging with one-gallon pillow packs, four to a case. Perfect for institutions like schools, restaurants, hospitals, and nursing homes.

